

# FAQs for Masks

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## Who should wear a mask?

Everyone above the age of 2 years should wear a mask.

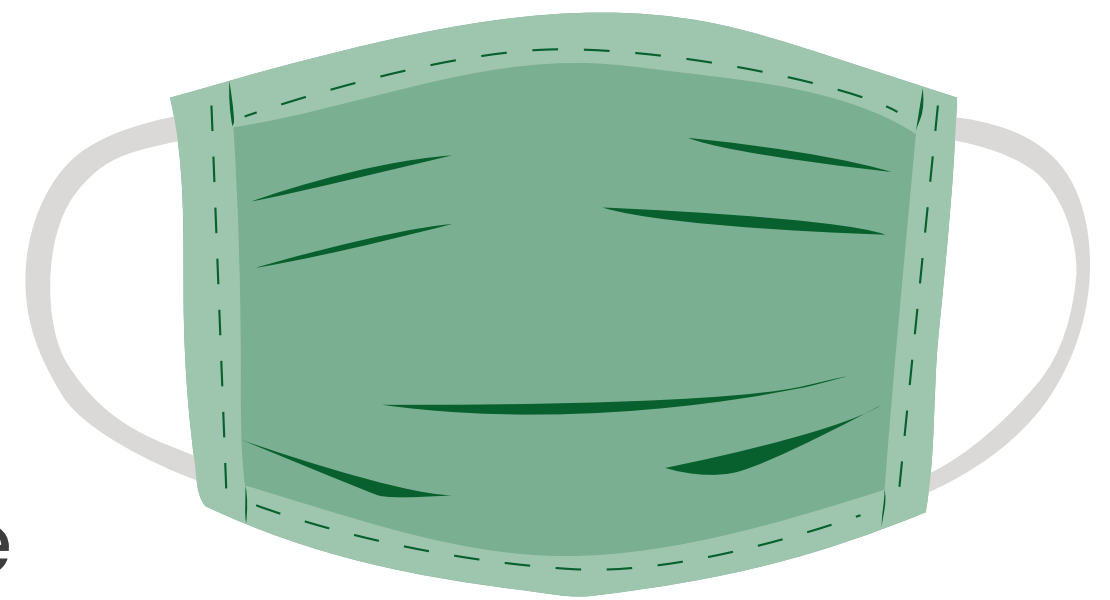
## Why should I wear a mask?

You should wear a mask to **protect yourself and those around you**. Wearing a mask will help **slow the spread** of COVID-19.

## How do I wear a mask?

Cloth masks and face coverings should:

- Fit **snugly** but **comfortably**
- Include **multiple layers**
- Allow for **unrestricted breathing**
- Be **able to be washed** without damage



## Where should I wear a mask?

You should wear a mask **any time you leave your home**.

## What else do I need to know?

- **Wearing a mask does not replace physical distancing**. Stay home when possible.
- Keep a distance of **at least 6 feet** from other people.
- **Avoid touching your mask**.
- **Laundry your mask immediately after use**. Wash your hands for at least 20 seconds after touching your mask.